

Discovering Your Career Path Worksheet

First Step: Connecting with your Values

Brainstorm your values. Once complete, circle 6 that are most important to you.

List them in priority order.

Add percentages.

- | | |
|----|---------------------|
| 1. | % |
| 2. | % |
| 3. | % |
| 4. | % |
| 5. | % |
| 6. | <u> </u> % |

Total to 100%

Second Step: Uncovering your Strengths

Brainstorm ten accomplishments. Once complete, star the 3-5 that you are most proud of and write them below.

- 1.
- 2.
- 3.
- 4.
- 5.

Write out why these are the accomplishments you are most proud of. The following questions can help you get to your why.

- *Why was this accomplishment one of the most important to me? What about it did I enjoy most?*
- *What was my involvement? Was I tasked with it, did I initiate it, was I on a team, working alone?*
- *What was my motivation? Was it personal or social recognition, company recognition?*
- *What was the environment like? Was it entrepreneurial and fast paced? Slower & controlled?*
- *What was the focus of the activity?*
- *What core values drove my work? Collaboration, empowerment, accountability, innovation, efficiency, diversity, service excellence, etc.*

1. Why?

2. Why?

3. Why?

4. Why?

5. Why?

Circle key words or phrases that jump out at you.

Third Step: Identifying Your Interests

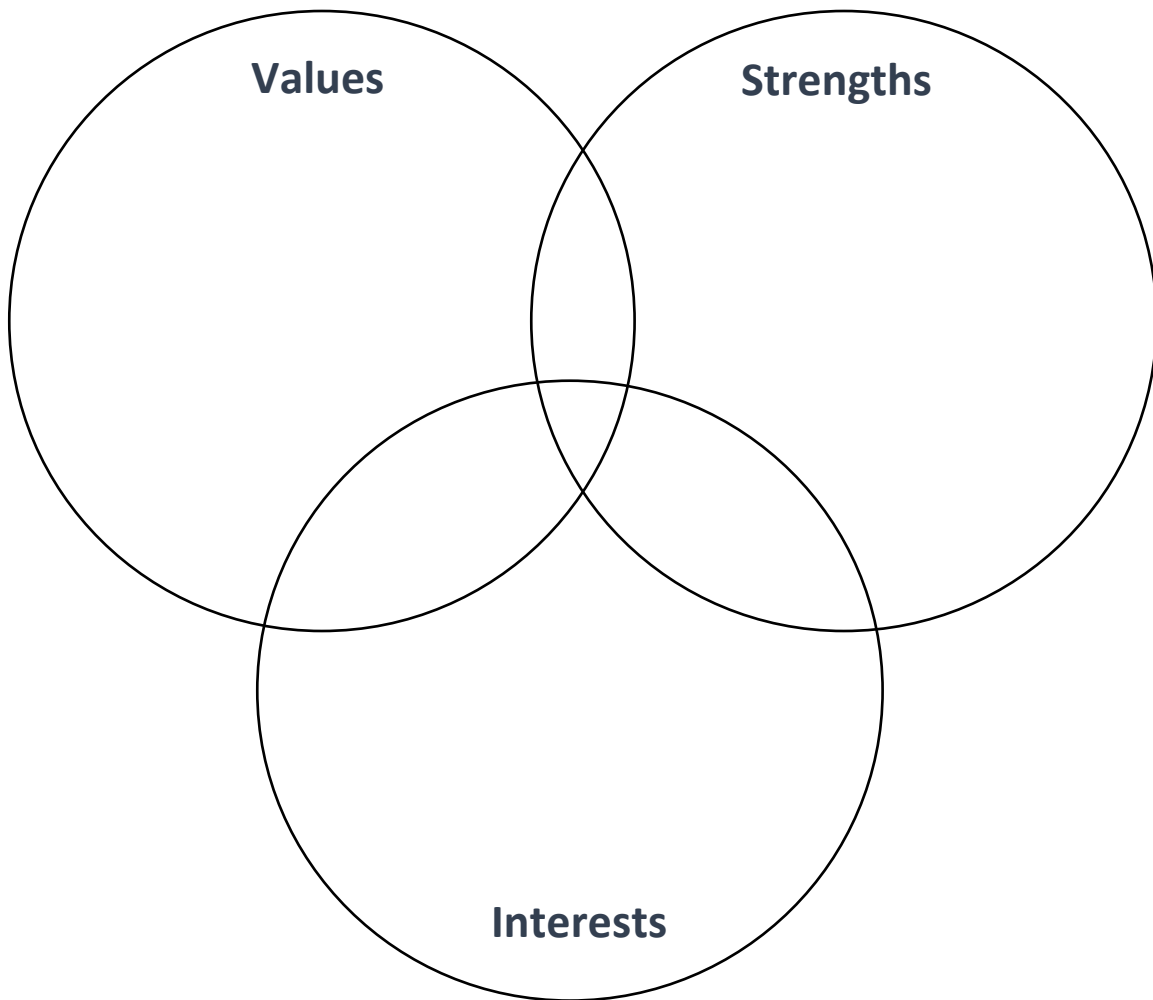
Answer the following questions or fill in the blanks.

- What comes naturally to me?
- On what topics do people seek my input?
- What would I do for free?
- What am I doing when I lose track of time (in a good way)?
- What did I love to do as a child?
- Where do I look if you have time to go to a bookstore? Or online?
- What gets my blood boiling that I would love to fix?
- I've always wondered what it would be like to do _____.
It's interesting to me because _____.
- If I had the right education or skill set, I'd definitely try _____
because _____.
- If I had to go back to school tomorrow, I'd major in _____
because _____.
- My coworkers and friends always say I'm great at _____
because _____.
- The thing I love most about my current job is _____
because _____.

- If my boss would let me, I would do more of _____
because _____.
- If I had a free Saturday that had to be spent working on something, I'd choose _____
_____ because _____.

Fourth Step: Pulling It Together

Fill in the circles in the Venn Diagram below with the words you circled in the corresponding activity.



List any common themes.